



Services Offered

Bodywork entails gentle acupressure, balancing of meridians as they pertain to illness and physical tensions, unblocking stagnant energy held in the body and the release of unwanted toxins.

Energetic Transformation releases areas in the body where old beliefs are stored, allowing for the possibility of new, healthy thought and emotional patterns, enabling one to move forward.

Flower Essences are liquid infusions of flower and nature energies. These essences carry the subtle vibrational wisdom of plants and the natural world, offering us healing and support in our daily lives.

Space Clearing your home, workplace or land using sound and flower essences to clear stagnant energy and harmonize the space with your intentions.



This work is designed to enhance your well-being, encourage soul development and enable you to flow with your life in a fulfilling way. It helps support emotional stability, mental clarity, spiritual growth, physical relaxation and harmonic rhythms.

- Each session is facilitated in person or over the phone.
- We begin with a sensitive discussion of your life and current issues to discover your intention and goals. We then can combine bodywork and flower essences to assist you and your healing.
- Along the way you will learn tools for life which you can use everyday.

The benefits of this work are cumulative. Follow-up sessions, which are usually one hour, build on previous work, enhancing growth potential.

Contact Information:

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Dawn has been practicing in the healing arts since 1995. She is certified in Integrative Acupressure, Energetic Transformation and Sound Healing. She is a licensed NYS Massage Therapist and a certified Flower Essence Practitioner.

By combining technical training and intuition, she gently assists you in resonating with your natural inner healing.

“It can be with joy that we traverse the journey of this life. Our health and well-being depend upon it.”



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Integrative Acupressure
Flower Essences



“There is nothing like the healing of oneself... open to your innermost being and heal.”